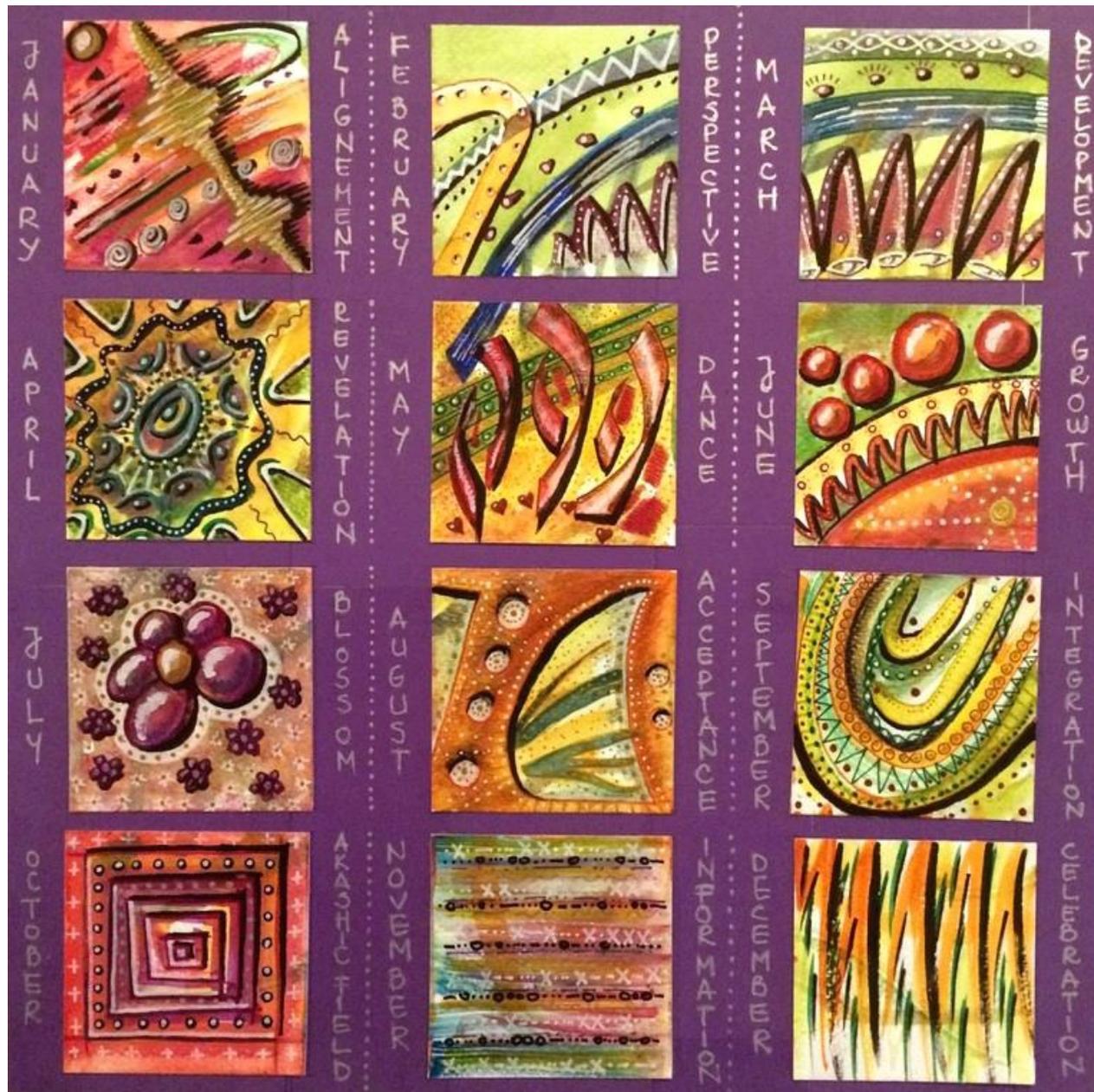


INTUITIVE DRAWING AND GUIDANCE FOR 2019

SUPPOTED BY ANGELIC ENERGIES AND THE INNER PLANE ASCENDED MASTERS



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The year ahead looks very exciting and quite different to what we've experienced so far. It comes through as a year of change and profound transformation. We finally get to harvest the fruits of our work from the previous years (especially from 2018) and we have now the opportunity to see our life unfolding in accordance to our true self.

That being said, it's completely up to us how we experience 2019. Given the massive changes that lie ahead of us, as a result of the recent planetary frequency shift, some of us may still have trouble adjusting to it. Change can be scary, as it removes us from our comfort zone and makes us face the unknown. As usually, the more we try to fight the change, the more painful it will be, and this year's energy is meant as a final wake up call, so it can be particularly challenging.

2019 is here to break through the remaining obsolete patterns that can't serve us anymore. These patterns need to go, in order to make room for a new paradigm, which will allow us to be authentic and true to ourselves. Some of us have been working on this for a while now, and to them this will come easier.

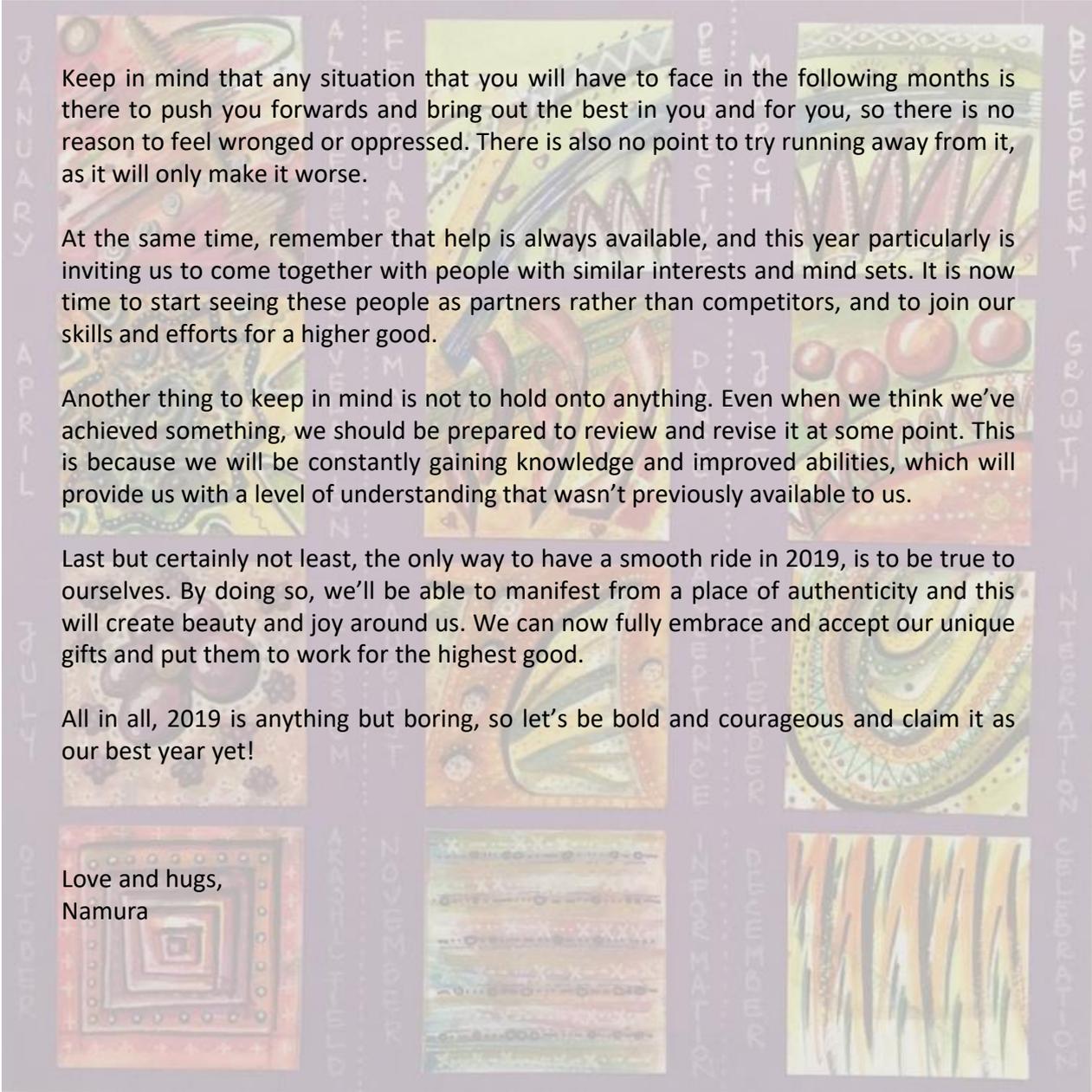
Now, as much as I said that this change can seem painful, it doesn't have to be. Instead, it can be amazingly exhilarating. This year feels like being in a roller coaster in an amusement park. You never know what comes next and as soon as you think that you've figured it out, the scenery changes again. The only way to make it into an amazing experience is to go with the flow and completely embrace the journey.

Acceptance of whatever comes is of key importance, and so is giving up all control and expectations. We will be constantly challenged to find new ways of dealing with things and trying to impose a certain path will not prove efficient.

As much as this may sound scary, anytime we are faced with a new challenge we can take a step back and try to find a new perspective. We will then realize that we have all it takes to deal with it, if we're willing to take a new approach. We will be able to access and activate some of our skills that we weren't even aware that we possess, and this will open a whole new world in front of us.

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Keep in mind that any situation that you will have to face in the following months is there to push you forwards and bring out the best in you and for you, so there is no reason to feel wronged or oppressed. There is also no point to try running away from it, as it will only make it worse.

At the same time, remember that help is always available, and this year particularly is inviting us to come together with people with similar interests and mind sets. It is now time to start seeing these people as partners rather than competitors, and to join our skills and efforts for a higher good.

Another thing to keep in mind is not to hold onto anything. Even when we think we've achieved something, we should be prepared to review and revise it at some point. This is because we will be constantly gaining knowledge and improved abilities, which will provide us with a level of understanding that wasn't previously available to us.

Last but certainly not least, the only way to have a smooth ride in 2019, is to be true to ourselves. By doing so, we'll be able to manifest from a place of authenticity and this will create beauty and joy around us. We can now fully embrace and accept our unique gifts and put them to work for the highest good.

All in all, 2019 is anything but boring, so let's be bold and courageous and claim it as our best year yet!

Love and hugs,
Namura